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**EVALUATING THE ROLE OF GOOD CORPORATE  
GOVERNMENT IN ENHANCING ORGANISATIONAL  
PERFORMANCE: A COMPARATIVE ANALYSIS ACROSS  
SECTORS IN INDIA**

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**BACKGROUND**

Corporate governance refers to the framework of rules, relationships, systems, and processes within and by which authority is exercised and controlled in corporations. It outlines the distribution of rights and responsibilities among different participants in the corporation such as the board of directors, managers, shareholders, and other stakeholder and includes the rules and procedures for decision-making. According to the Cadbury Committee (1992), corporate governance is “the system by which companies are directed and controlled.”

**The foundational principles of corporate governance include:**

- **Transparency:** Openness in disclosing clear, accurate, and timely information to stakeholders. It instills confidence in managerial decisions and reduces information asymmetry. (Goel, 2018; Clause 49 of SEBI Listing Agreement)
- **Accountability:** Implies the board and senior management are answerable for their actions and decisions. The Companies Act, 2013 (Section 134) enforces such accountability.
- **Ethical Practices:** Governance systems should reflect commitment to values, integrity, and ethical business conduct. Failure in ethics often correlates with governance failure.

- **Stakeholder Consideration:** Governance extends beyond shareholders to include employees, creditors, customers, and society. Effective governance ensures fair treatment and alignment of interests.
- **Compliance with Laws:** Conforming to legal and regulatory requirements is integral to corporate governance.
- **Fairness and Integrity:** These are essential to ensure equity and trust in business conduct.

## **IMPORTANCE OF CORPORATE GOVERNANCE IN DIFFERENT SECTOR<sup>1</sup>**

Corporate governance has far-reaching implications across various sectors, influencing investor sentiment, economic growth, and corporate credibility. Good governance is a prerequisite for foreign investment and sustainable development in emerging economies.

- **IT Sector:** As per Kaura et al., governance significantly impacts the financial performance of IT firms in India. Given their global exposure, adherence to international norms is essential.
- **Banking Sector:** Deb's study emphasizes the necessity of robust governance in banking due to their systemic importance. Regulatory oversight by the Reserve Bank of India (RBI) mandates specific governance norms.
- **General Sectoral Importance:** Goel's research shows that governance practices improved post-reform across sectors, but sectoral differences persist.

## **LINK BETWEEN GOVERNANCE AND ORGANISATIONAL PERFORMANCE**

The literature establishes a strong correlation between effective corporate governance and enhanced organisational performance. Key impacts include:

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<sup>1</sup>Goel, P., "Corporate Governance and Firm Performance in India," Asian Journal of Sustainability and Social Responsibility 3(4), 11–21 (2018).

- **Financial Performance:** Well-governed firms demonstrate better decision-making and efficiency, leading to superior financial results.
- **Firm Value:** Transparent and accountable governance attracts investor confidence and enhances firm valuation.
- **Fraud Prevention:** Strong governance helps detect and deter fraudulent activities through mechanisms like audit committees and whistleblower policies.
- **Investor Confidence:** Transparent disclosures improve market discipline and increase the trust of stakeholders.
- **Market Development:** Governance influences capital market performance and investor participation.
- **Sustainability and Long-Term Success:** A robust governance framework supports strategic objectives, ethical culture, and commercial viability.

While governance frameworks promote better performance, mere compliance is not sufficient. The spirit behind governance authentic commitment from management is essential for tangible results.

## **RESEARCH PROBLEM**

Despite a growing body of literature, several gaps remain in understanding corporate governance in India:

- **Inadequate Disclosure:** Studies reveal inconsistent and substandard compliance with Clause 49 of the SEBI Listing Agreement. Many Indian firms fail to meet disclosure norms, indicating a gap between regulatory intent and corporate behavior.
- **Limited Impact Assessment of Reforms:** There is insufficient research on how governance reforms have affected reporting and compliance, especially in environmental and social domains.
- **Sector-Specific Gaps:** Despite the IT sector's economic importance, limited studies examine governance-performance linkages in this domain.
- **Disconnect Between Reform and Implementation:** For instance, Goel notes that while governance structures were improved post-reforms, the induction of independent directors declined in subsequent years.

- Neglect of Broader Governance Aspects: Factors like board roles, quality of financial disclosures, and managerial accountability are not adequately explored in the Indian context.

### **Sectoral Differences in Governance Outcomes**

- Variation Across Sectors: Governance practices historically varied across sectors, although post-reform convergence is noted (Goel, 2018).
- Banking Sector: Governance in banks, per Deb, demands distinct mechanisms due to regulatory constraints and financial risks.
- Ownership Structure: Public sector dominance in Oil and Power sectors influenced governance practices differently from the private-dominated IT sector.

These findings underscore a persistent divergence between ideal and actual governance, particularly across sectors, calling for comparative sectoral analyses and assessment of reform efficacy.

## **RESEARCH OBJECTIVES<sup>2</sup>**

### **Role of Governance in Performance Enhancement**

- To examine the influence of corporate governance mechanisms on organizational performance.
- To analyze how governance affects financial metrics like profitability, market valuation, and resource utilization.
- To understand how governance frameworks support internal efficiency, risk mitigation, and fraud prevention.
- To explore how corporate governance drives investor confidence and strategic decision-making.
- To assess governance's role in attracting foreign investment and promoting economic development.

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<sup>2</sup> Roy, A. (2016). Corporate Governance and Firm Performance: A Study of Indian Listed Firms. *Metamorphosis: A Journal of Management Research*, 15(1), 31-46.

Kaura et al. and Goel's studies demonstrate that board composition, audit committee independence, and disclosure practices have a quantifiable impact on financial performance. Better-governed firms are not only more efficient but also enjoy better credit terms, valuations, and sustainability prospects.

### **Comparison of Governance Practices Across Sectors**

- To conduct a comparative analysis of governance practices in key sectors such as IT, banking, manufacturing, and energy.
- To evaluate whether governance reforms have reduced inter-sectoral disparities in governance outcomes.
- To assess the influence of ownership patterns (public vs. private) on governance quality.
- To explore intra-sectoral differences, particularly among top-performing firms versus others.
- To identify sector-specific governance challenges and regulatory constraints.

These objectives aim to bridge the gap in current literature by focusing both on performance impact and sectoral variation of governance mechanisms.

### **RESEARCH QUESTIONS<sup>3</sup>**

#### **1. How does good corporate governance affect organisational performance?**

- Does it improve financial performance and internal efficiency?
- How does it influence investor confidence and firm value?
- What is its role in fraud prevention and resource allocation?
- Does good governance attract foreign investment and contribute to economic growth?

#### **2. To what extent do governance practices vary across different sectors in India?**

- How do ownership structure and regulatory environments shape governance practices?

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<sup>3</sup> Arora, A. & Bodhanwala, S., "Relationship Between Corporate Governance Index and Firm Performance: Indian Evidence," *Global Business Review* 19(3), 675–689 (2018). <https://doi.org/10.1177/0972150917713812>.

- Have reforms led to convergence or do sectoral discrepancies still persist?
- What specific governance attributes are unique to sectors like banking or IT?

## **INTRODUCTION**<sup>4</sup>

This chapter presents a comprehensive review of existing literature on corporate governance, with a particular emphasis on its influence on organizational performance. The purpose of this review is to critically analyze the theoretical foundations, principles, and mechanisms of corporate governance while identifying empirical evidence and scholarly debates surrounding its practical implications. By examining diverse perspectives and sector-specific insights, this chapter aims to contextualize the relevance of governance structures within both the Indian corporate landscape and the global framework. It further establishes the conceptual and analytical foundation for evaluating the effectiveness of corporate governance reforms in enhancing transparency, accountability, and organizational performance.

## **THEORETICAL FOUNDATIONS OF CORPORATE GOVERNANCE**

### **Agency Theory**

Agency Theory addresses the relationship between the owners (principals), typically the shareholders, and the managers (agents) who are hired to run the company. A core issue within this relationship is the potential conflict of interest arising from the separation of ownership and control. Managers may not always act in the best interests of shareholders, giving rise to agency costs.

To mitigate these agency costs, corporate governance mechanisms are employed to align managerial interests with those of the shareholders. Such mechanisms include the board of directors, audit committees, performance-based incentives, and ownership structures. Among these, the board of directors plays a pivotal role by overseeing managerial conduct and safeguarding shareholder value. Agency Theory thus emphasizes managerial accountability and the need for effective monitoring to ensure that management acts in accordance with shareholder expectations.

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<sup>4</sup> Tricker, Corporate Governance: Principles, Policies and Practices (2019) – General source for corporate governance literature reviews.

**Stakeholder Theory**

Stakeholder Theory expands the focus of corporate governance beyond shareholders to encompass a broad array of parties with an interest in the company's performance. These stakeholders include employees, customers, suppliers, creditors, regulatory bodies, and the wider community.

According to this theory, effective governance involves considering and balancing the diverse interests of all stakeholders to ensure the organization's long-term sustainability. Corporate governance, viewed through this lens, promotes responsible behavior toward society and the environment, reinforcing the idea that corporations bear social as well as economic responsibilities.

Some interpretations of Stakeholder Theory shift the core objective of governance from profit maximization to the equitable treatment of all stakeholders, thereby aligning corporate activities with broader societal goals. This theory is particularly relevant in the modern ESG (Environmental, Social, and Governance) context and supports the development of sustainable business practices.

**Resource Dependence Theory**

Resource Dependence Theory posits that organizations rely on external resources to survive and thrive. These resources, which include capital, information, technology, and legitimacy, are often controlled by external entities, thereby creating dependencies that may constrain a firm's strategic choices.

Corporate governance, from this perspective, functions as a mechanism to manage these dependencies by enabling firms to strategically position individuals—particularly board members—who can facilitate access to critical resources. The composition of the board is thus not only a matter of oversight but also of strategic value. Directors with connections to financial institutions, regulatory agencies, or other influential bodies can help reduce uncertainty and foster access to essential external support.

This theory highlights the interdependence between organizations and their external environment, positioning the board of directors as a bridge between the firm and its resource



networks. In doing so, it broadens the understanding of governance from internal control to strategic engagement with the external ecosystem.

### **Stewardship Theory<sup>5</sup>**

Stewardship Theory offers a contrasting perspective to Agency Theory by assuming that managers are inherently trustworthy and act as stewards of the organization. Rather than pursuing personal interests, stewards are believed to prioritize organizational goals and shareholder welfare.

In this framework, managerial behavior is intrinsically motivated by a desire to perform well, maintain their reputation, and contribute to the firm's success. Consequently, less emphasis is placed on stringent control mechanisms and more on empowering managers through trust, autonomy, and shared values.

Governance systems inspired by Stewardship Theory promote collaborative relationships between managers and the board, encourage participative decision-making, and foster a culture of mutual respect and accountability. This model is particularly relevant in organizations where long-term relationships, corporate culture, and professional ethics play a vital role in performance outcomes.

### **Institutional Theory<sup>6</sup>**

Institutional Theory examines how organizational structures and practices are influenced by the norms, values, and expectations of the institutional environment in which they operate. It suggests that companies often adopt governance practices not solely for efficiency, but also to gain legitimacy in the eyes of stakeholders, regulators, and the broader society.

According to this theory, the adoption of certain governance frameworks may be driven more by institutional isomorphism, i.e., the pressure to conform to prevailing standards than by actual

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<sup>5</sup> Davis, Schoorman & Donaldson, Toward a Stewardship Theory of Management (1997)

<sup>6</sup>Berthod, O., "Institutional theory: Overview and critique," Working Paper (2017).

performance considerations. These pressures can be coercive (e.g., laws and regulations), normative (e.g., professional standards), or mimetic (e.g., imitation of successful peers).

Institutional Theory underscores the role of cultural and regulatory contexts in shaping corporate governance practices, particularly in emerging markets like India, where firms may adopt global best practices to enhance legitimacy and attract foreign investment.

## **INDIAN CONTEXT OF CORPORATE GOVERNANCE**

Corporate governance in India has undergone significant transformation, particularly in response to economic liberalization, high-profile corporate scandals, and increased regulatory scrutiny. The evolution of governance practices in the Indian context has been shaped by a complex interplay of legal reforms, institutional pressures, and stakeholder expectations.

Key milestones include the recommendations of the Kumar Mangalam Birla Committee (1999), which laid the foundation for formal governance frameworks; the Naresh Chandra Committee (2002), which focused on auditor independence and board composition; and the Narayana Murthy Committee (2003), which emphasized the importance of ethical conduct and transparency. These efforts culminated in the implementation of Clause 49 of the Listing Agreement and later the enactment of the Companies Act, 2013, which introduced a more robust and codified governance structure.

### **Indian corporate governance today emphasizes:**

- Board independence and diversity, including the mandatory appointment of independent directors and women directors.
- Disclosure and transparency, particularly in financial reporting and related-party transactions.
- Stakeholder protection, through measures that address minority shareholder rights and investor grievances.
- Audit oversight and internal control, mandated through audit committees and whistleblower mechanisms.

Additionally, regulatory bodies such as the Securities and Exchange Board of India (SEBI) have played a proactive role in enforcing governance norms, including through the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

Despite these reforms, challenges remain in implementation, especially among family-owned businesses and state-owned enterprises where issues of concentration of power, lack of true board independence, and ineffective enforcement persist. Nevertheless, India's corporate governance trajectory reflects a strong commitment to aligning with global best practices while addressing indigenous concerns.

## **CORPORATE GOVERNANCE MECHANISMS**<sup>7</sup>

Corporate governance mechanisms refer to the structures, processes, and institutional arrangements through which companies are directed and controlled. These mechanisms can be broadly classified into internal and external mechanisms, each playing a pivotal role in ensuring accountability, transparency, and performance within organizations.

### **Internal Governance Mechanisms**

Internal mechanisms are embedded within the organizational structure and focus on aligning the interests of management with those of shareholders and other stakeholders. Key internal mechanisms include:

- **Board of Directors:** The board serves as the central governance body responsible for strategic oversight, monitoring management performance, and ensuring compliance with legal and ethical standards. Its effectiveness depends on its composition, independence, and functioning.
- **Ownership Structure:** The distribution of equity among promoters, institutional investors, and minority shareholders significantly influences governance dynamics. Concentrated ownership may lead to dominance by controlling shareholders, while dispersed ownership can enhance accountability.

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<sup>7</sup> Abhilash, A., Shenoy, S. S., & Shetty, D. K., "Overview of Corporate Governance Research in India: A Bibliometrics Analysis," Cogent Business & Management 10(1) (2023).

- **Executive Compensation:** Linking managerial remuneration to performance through incentive-based pay structures (e.g., ESOPs, bonuses) helps align managerial actions with organizational goals.
- **Internal Controls and Audit Committees:** Effective internal control systems, supported by independent audit committees, ensure the integrity of financial reporting and risk management processes.

### External Governance Mechanisms

External mechanisms operate outside the organization and function as external checks on management behavior. They include:

- **Legal and Regulatory Framework:** Statutory provisions under the Companies Act, 2013, SEBI regulations, and other sectoral laws form the backbone of governance enforcement in India.
- **Market for Corporate Control:** Takeovers, mergers, and acquisitions act as disciplinary forces, particularly when inefficient management leads to underperformance, making the firm vulnerable to acquisition.
- **Institutional Investors and Credit Rating Agencies:** Institutional shareholders, proxy advisors, and credit rating agencies play an increasingly active role in scrutinising governance practices and demanding accountability.
- **Media and Public Opinion:** Investigative journalism, shareholder activism, and public scrutiny have emerged as informal but powerful governance tools, especially in high-stakes cases involving fraud or mismanagement.

Together, these mechanisms contribute to the creation of a governance environment that supports ethical conduct, strategic decision-making, and long-term value creation.

## **EVOLUTION AND PRINCIPLES OF CORPORATE GOVERNANCE IN INDIA<sup>8</sup>**

India's journey toward robust corporate governance has evolved in response to global trends, domestic corporate scandals, and increased investor expectations. The trajectory can be divided into key phases:

### **Evolution**

- **Pre-liberalization Era (Before 1991):** Corporate governance was largely informal and characterized by family ownership, lack of transparency, and minimal regulatory oversight.
- **Post-liberalization Reforms (1991–2000):** Economic reforms led to the rise of capital markets and the need for formal governance standards. The Confederation of Indian Industry (CII) introduced India's first voluntary Code of Corporate Governance in 1998.
- **Statutory Reforms (2000–2010):** The SEBI-appointed committees (e.g., Kumar Mangalam Birla, Naresh Chandra, and Narayana Murthy Committees) laid the groundwork for Clause 49 of the Listing Agreement, which institutionalised governance norms.
- **Companies Act, 2013:** A landmark legislation that codified several governance principles, including board composition, audit committees, independent directors, and enhanced disclosure requirements.
- **Recent Developments:** The Kotak Committee Report (2017) led to significant amendments in SEBI regulations, further enhancing board effectiveness, transparency, and stakeholder protection.

### **Principles of Corporate Governance**

The fundamental principles guiding corporate governance in India include:

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<sup>8</sup> Nag, T. & Chatterjee, C., "Exploring Linkages Between Corporate Governance and Business Performance: Does Good Corporate Governance Lead to Enhanced Business Value?" South Asian Survey 27(1), 37–61 (2020).

- **Accountability:** Ensuring that management is accountable to the board, and the board is accountable to shareholders and stakeholders.
- **Transparency:** Promoting timely and accurate disclosure of financial and non-financial information.
- **Fairness:** Safeguarding the rights of all stakeholders, particularly minority shareholders.
- **Responsibility:** Mandating ethical decision-making, compliance with laws, and effective risk management.
- **Independence:** Ensuring board and audit committee independence to prevent conflicts of interest and promote objective oversight.

These principles are embedded in Indian laws and regulatory frameworks and are essential to fostering trust and long-term performance in corporate entities.

## **BOARD COMMITTEES IN CORPORATE GOVERNANCE**

Board committees play a critical role in enhancing the efficiency and effectiveness of corporate governance by allowing focused oversight of specialized areas. The Companies Act, 2013, and SEBI (LODR) Regulations, 2015 mandate the constitution of key board committees in listed companies.<sup>9</sup>

### **Audit Committee**

The Audit Committee oversees financial reporting, internal controls, and risk management. Comprising a majority of independent directors, it interacts with internal and statutory auditors, ensuring the integrity of financial disclosures.

### **Nomination and Remuneration Committee (NRC)**

The NRC identifies and evaluates candidates for board and senior management positions and formulates policies related to compensation. It ensures that remuneration structures are aligned with performance and shareholder interests.

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<sup>9</sup> Companies Act, 2013, §§177–178; SEBI (LODR) Regulations, 2015

**Stakeholders Relationship Committee**

This committee addresses stakeholder grievances, particularly those related to investors, and monitors compliance with investor service standards, playing a pivotal role in maintaining corporate reputation and trust.

**Corporate Social Responsibility (CSR) Committee**

Required for companies meeting specified thresholds under Section 135 of the Companies Act, the CSR Committee formulates and monitors the company's CSR policy and ensures compliance with statutory obligations regarding social contributions.

These committees enhance board functionality, ensure regulatory compliance, and foster accountability, thereby strengthening the overall governance framework.

**CONCLUSION**

This paper has explored the theoretical and practical dimensions of corporate governance, beginning with a review of foundational theories such as Agency Theory, Stakeholder Theory, Resource Dependence Theory, Stewardship Theory, and Institutional Theory. Each theory offers a unique lens through which the dynamics of governance can be understood, particularly in terms of organizational behavior, stakeholder management, and board structure.

The Indian context of corporate governance was examined in depth, tracing its evolution from informal practices to a more codified and structured system post-liberalization. The role of the Companies Act, 2013, SEBI regulations, and committee reports has been critical in institutionalising governance norms in India.

Mechanisms of governance both internal and external were discussed, highlighting their role in ensuring accountability and fostering transparency. Finally, the chapter detailed the functioning of board committees as specialized instruments for overseeing financial reporting, executive appointments, stakeholder engagement, and social responsibility.

Taken together, these elements underscore the multi-faceted and evolving nature of corporate governance, particularly in an emerging economy like India where market realities, regulatory imperatives, and stakeholder expectations continue to shape governance practices.

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